



AT Home Campaign

Assistive Technology is the collective name for an extensive and still growing range of products and amazing gadgets that are readily available to make independent living much easier.

The “AT Home” Campaign is designed to make people more aware of the way simple aids and equipment can support self care and self management.

It can help maintain independence, enabling people to live longer in their own familiar home surroundings, thereby potentially helping to reduce demand on health services in community or acute settings and/or having to consider moving into specialist housing or a care home in later life.

What you can do:

Please display posters within your premises and where possible mention to patients and their carers that this resource is available and further information, advice and guidance is available via the website, www.athome.uk.com, and by calling 0300 111 8010.

There is also a digital pack available for those who have this digital communication available (PC/TV Monitors). Art work can be supplied for you to display along with some short video case stories showing positive outcomes using different AT. These are available through

[StaffsPartnershipNHS YouTube Channel:](https://www.youtube.com/user/StaffsPartnershipNHS)
<https://www.youtube.com/user/StaffsPartnershipNHS>

Examples are:

- Aids and reminders to support people to better manage their medication.
- Washing and dress aids so people can still live independently.
- Equipment to reduce the risk of falls.
- Community alarms and telecare to remotely support and monitor people living alone, helping to manage and mitigate risks.

If you require any further communication tools please contact Laura Page who will be happy to assist you. Please email Laura.page2@staffordshire.gov.uk or call 01785 277140.



Have you thought about investing in your future independence?

None of us are getting any younger. Making the correct decisions that will enable you to **continue to live independently** can be a daunting task.

AT HOME is a collaboration of 14 Local Authorities in the West Midlands working in partnership to help and support you to make the right decision about your **independent living needs**. Whether you require advice on the latest **Assistive Technology** products to help with any daily living difficulties or if you need advice on how you can maintain your **independence at home**, we're here to help.

You can find out more about maintaining your independence at home by visiting our website or giving us a call

athome.uk.com | 01234 567891



or call the Disabled Living Foundation's national helpline **0300 999 0004**

- #AThomeWM
- youtube.com/user/IEWM





Growing older gives the term 'swinging sixties' a whole new meaning!

Many of us have been financially planning for our futures for a long time. More than any other generation before we have been keeping fit, eating well and generally looking after ourselves, but how many of us have given much thought about how we can **continue to live independently** as we age?

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