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The Village Surgery

49, High Street
Wolstanton
Newcastle-under-Lyme
Staffs
ST50ET

Tel: 01782 626172
Fax: 01782710478

Website:
www.thevillagesurgery.co.uk

Doctors:
Dr S. T. Manian
Dr M Arora
Dr F Shaheen

Surgery Hours

Monday Tuesday Wednes-
day Friday 8am—6pm.
Thursday 8am—1pm.

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macist do for you?

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the Full.

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Information Stand-
ard; Ward and Bed
closures.

The man who invent-
ed the *Knock Knock*
Jokes should have
been a Nobel Prize

An Evening with Shadow Governor.



(Grant Williams and our own PPG Member, Leo Clare)

At the last meeting of the PPG few, if any of us, knew what a Shadow Governor was. Our guest speaker Grant Williams soon explained his role and swiftly went on to describe how much he is doing on our behalf as a Shadow Governor for the University Hospitals of North Midlands NHS Trust (UHNM). Grant has been elected to this post by the people of Newcastle-under-Lyme.

He doesn't deal with complaints but rather raises key issues and important concerns at the area's local hospitals. He asks the sort of questions you or I would like to put to the UHNM Trust to do with how the hospital is run, how key decisions are made and what level and sort of care is provided.

We were able to quiz Grant on such topics as car parking at the hospitals (A vehicle recognition system is shortly to be introduced); hospital and bed closures (Grant said that neither Bradwell nor Cheadle hospitals was to close in the near future)

Grant also explained how he had followed up financial questions and pushed non executive directors to provide evidence as to how funds from a loan had been spent.

It was very reassuring to hear how Grant was in his own words stirring up a hornets' nest putting questions on our behalf to the UHNM Trust. Keep it up Grant!

What can my pharmacy do for me?

(Based on a talk to the PPG by Tania Cork)

Every day about 1.6million people visit a pharmacy in England. Community pharmacies are situated in high street locations, in neighbourhood centres, in supermarkets and in the heart of most deprived communities. Many are open long hours when other health care professionals are unavailable.

Your local pharmacy is the best place to go for all your common ailments. As well as dispensing your prescription they can offer:

- Advice on getting the best from your medicines for long term conditions.
- Over the counter treatments for common ailments such as headaches, itchy skin and stomach upsets.
- Support to live a healthier lifestyle.
- Health checks.
- A wide range of NHS and non NHS services.



You don't need to make an appointment to see a pharmacist and you can talk to them in confidence, even about symptoms which are very personal. Most pharmacies have a private consultation room where you can talk without being overheard.

Your pharmacist is a highly qualified healthcare professional. Every member of the pharmacy team has accredited medicines training.



Further services include:

- Medicine Use review.
- New medicine service.
- Electronic Prescription Service.
- Flu vaccination.
- Pharmacy First Common Ailments scheme (Supply of treatment for common ailments free if patient is exempt from prescription charges).
- Emergency supply of your medication.
- Palliative Care services

Sexual Health Services

- Emergency Contraception.
- Free condom supply (For young people with a C-Card).

Healthy Living Services

(Availability of these services may vary in different pharmacies: check in-store for details):

- Advice by trained Health Champion in Healthy Living Pharmacies.
- Stop Smoking Services.
- Healthy Heart Services.
- Weight Management.
- Diabetes blood glucose testing.
- Cholesterol screening.

Medication Support

- Monitored Dosage Systems (Weekly blister packs).
- Electronic Pivotell Devices (Medicines dispensed in a locked electronic medicine dispenser).
- Florence (FLO) Teletext Service (SMS text messaging medication dose reminders or other health reminders).

Substance misuse Services:

- Supervised consumption of Methadone and Buprenorphine.
- Needle exchange service.
- Alcohol Brief Intervention Service (Only available in Stafford however all pharmacies can signpost to local alcohol support services).



How are you?

Are you over 50? How is life? Are you just managing or living it up? If just managing then read on....

We are a local registered charity for people over 50 living in Stoke-on-Trent, Newcastle-under-Lyme and Staffordshire Moorlands to help make later life a fulfilling and enjoyable experience.

Because growing older isn't always easy or straightforward, we provide information, advice and support to help make later life a better life.

How we can help?

Age UK North Staffordshire offers a free, confidential, independent and trusted information and advice service. In most cases we can help you directly, but if we're unable, we will put you in touch with someone who can.

We have a drop-in service in Hanley and Newcastle. People living in the Staffordshire Moorlands should contact or drop into our Hanley office for help and advice.

Our information and advice service is specially tailored for the needs of anyone over the age of 50, and their friends, relatives and carers. Our help can make the difference between just managing and really living life to the full.

We stock over 70 different information guides and a wide range of leaflets covering many topics — please feel free to call in and browse. (An Age UK brochure is available at the Village Surgery, ed.)

We can help you with:

- Welfare benefits — your entitlements and filling in forms
- Health
- Social care
- Residential and non-residential care
- Help at home
- Housing matters
- Legal: Wills and power of attorney
- Learning, Social and Leisure activities
- Employment matters
- Voluntary work opportunities
- Consumer issues
- General enquiries

How to contact Age UK:

Hanley: 10am – 1pm Monday and Thursday ONLY. (From 1st August 2016 we have changed our opening hours at this office).

Newcastle: Drop in - 9.30am – 1pm Monday, Tuesday & Wednesday; Thursdays appointments only 9.30am - 1pm

Call us:

- Hanley 01782 204 995
- Newcastle 01782 238 282

Meet The Village Surgery

PRACTICE TEAM

Doctors: Dr S T Manian Dr M Arora Dr F Shaheen
Sessional Doctors Dr R. Bhogal (3 Sessions per week); Dr V. Ukachukwu (2 Sessions per fortnight)

Nursing team: Ann Oakley, Paula Bourne, Sarah Lightfoot (Practice Nurses)
Lynn Williams (Health care assistant)

Practice Manager: Christine Payne Assistant Manager: Lesley Durose

Reception/Admin: Joy Hadley, Tracy Foulkes, Jayne Gerken, Linda Kelly, Neelam Khunger,
Caroline Kirbyshire, Elizabeth Roberts,

Prescription Clerk / Sandra Henshall
Admin Assistant

NOTICE TO PATIENTS

Re: New Primary Care Access Hub and Data Sharing

A new Primary Care Access Hub has opened in Meir Health Centre for Saturday out of hour's appointment. You can access these appointments by telephoning 111.

You will be asked to give consent to access to some of your medical information via the EMIS Clinical System. This is to ensure timely and accurate information is available to the clinicians to address the urgent needs and safety of patients. If you do NOT wish to give consent to access, you will be offered an alternative Out of Hour's service and not the Meir Hub.

If you have any questions regarding this data sharing, please contact one of the Doctors to discuss this further.

Christine Payne
Practice Manager

Accessible Information Standard Implementation.

Flu Jabs

Winter approaches as does the flu season. So, if you are entitled to a flu jab please arrange with your GP or pharmacist to have one.

The jab cannot give you flu! In 2-3 weeks it will have created anti-bodies to the vaccine. Then, they will protect you if you come into contact with the flu virus later on.

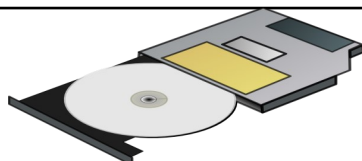
If you or someone you care for needs help to access information from the GP or from written information please let the surgery know. The surgery is implementing the Accessible Information Standard.

Everyone, under the Equality Act 2010, is entitled to Accessible Information concerning their health.

Patients who are blind or partially sighted or have learning disabilities are advised to bring a relative or representative to appointments where possible.

We have a portable LOOP system for deaf patients and we arrange sign language support via Language Line or Capita Translation & Interpreting Service.

Don't think of it as getting a flu jab. Think of it more as installing virus protection software.



Local hospital ward and bed closures.

Are you concerned about this?

Look on the Sentinel website and Paul Farrelly MP's article on Facebook:
3 October at 22:51 · London